



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Telford Community Center YMCA Re-Open Plan

**\*\*Please note that this is subject to change\*\***

Telford Community Center Updated Facility Hours:

**Monday-Friday:** 5:00 a.m. – 8:00 p.m

**Saturday:** 8:00 a.m. – 4:00 p.m.

**Sunday:** Closed. We will be reopening on Sundays from 1-6pm starting September 13<sup>th</sup>

**Maximum occupancy must not exceed 75 members at any given time (this does not include staff). Each member will be permitted to 2 hours per stay.** The CDC does not recommend masks be worn during exercising. Therefore, Y members will not be required to wear a mask while exercising but must do so in common areas and upon entering the building. If you want to check the occupancy of our building before coming in, you can call or check the following link: <https://operations.daxko.com/Online/3009/MembershipV2/Capacity.mvc>

- Access will be limited to YMCA Members only; day passes, and nation-wide membership reciprocity will not be available.
- On-site Group Exercise classes are in-person as of 6.29. Reservations must be made in advance and can be made on the website or via our mobile app. 12 participants maximum per class. Virtual videos are still available on our website. Personal training by Y staff will be permitted in the enclosed Performance Room.
- Kids Club and Lounge will remain closed until further notice.
- Locker Rooms will remain open with the following restrictions:
  - o Showers will not be available
  - o Please follow proper social distancing while in the locker rooms
- Basketball gyms are closed but the downstairs gym will open on August 31<sup>st</sup>. Three goals will be available throughout the day and must be reserved in advance via our mobile app or website. You can reserve your spot with up to 2 people per goal. No pick-up play or other team/contact sports will be allowed.
- Upstairs track will remain open with the following restrictions:
  - o Walking only and 3 members allowed at one time
- Racquetball court is closed but will reopen on August 31<sup>st</sup> with a maximum capacity of 2 people. Reservations must be made in advance via our mobile app or website.
- Pickleball will start back on August 31<sup>st</sup> during the regular hours of Monday, Wednesday and Friday from 11:30am – 1:30pm. 2 courts will be available.
- Group exercise room #2 is closed

- Drinking fountains will not be utilized, but the bottle filler station will be available. Please bring your own bottle.
- Vending machines will not be available.
- Lost and Found will not be kept. Any items left in the building at the end of business will be properly disposed of.
- Coffee will not be available
- We will not be accepting facility rentals until further notice
- The following programs started on June 15<sup>th</sup>: TYP swim practice and swim lessons. Martial Arts began on June 29<sup>th</sup>. All other programs will be determined at a later date
- Telford Community Center YMCA Pools: The Telford Community Center YMCA will follow the pool opening guidelines set forth by the Commonwealth of Kentucky.
  - o The YMCA we will adhere to the following guidelines:
    - The Warm Water Pool is open for member use on a reservation basis. It will also be utilized for Private Lessons and Group Lessons (6 participants or less)
    - The YMCA will limit indoor pool usage to lap swimming and individual aquatic fitness.
    - Members will be required to enter and exit the pool area through the locker rooms only.
    - Lap Lane Limits will be enforced to ensure social distancing with lane reservation requirements
    - Lap times will be reserved on the hour and you can utilize the lane for forty-five minutes. The lifeguards will be sanitizing the pool area the last fifteen minutes of the hour.
    - Members can reserve lap lanes electronically on the website or mobile app
    - Total pool capacity limits will be established. 6 swimmers will be permitted in the lap pool at one time. Swimmers in odd numbered lap lanes are asked to enter pool at deep end of each lane
    - The Telford Community Center YMCA will staff adequate amount of aquatic staff and lifeguards to ensure pool area cleanliness and safety protocols.
    - Lifeguards will have own personal PPE and Lifeguard equipment (rescue packs, pocket masks, gloves).
    - Lifeguards will have additional cleaning responsibilities.

- The lifeguard chairs and rescue tubes will be cleaned before/after use.
- The Telford Community Center YMCA Lap Pool will have an Active Older Adult only swim (60 and older). Please call the Y or let our front desk staff know to reserve your lane.
- The lap pool is open to all members 18 and older
- Kickboards, goggles and other aquatic equipment are not available for member use. Members are asked to bring their own.
- Sauna and Steam Room remain closed. The spa reopened on June 29<sup>th</sup>
- The Telford Community Center YMCA Kids Club (Child watch for members): The Telford Community Center YMCA will follow the guidelines set forth by the Commonwealth of Kentucky. When the YMCA Kids Club can open, the YMCA we will adhere to the following guidelines:
  - Kids Club will make the following changes: Room Capacity will be 10, this includes 2 teachers at all times.
  - Your child can only be in our care for 2 hours, (15 minutes prior to your pick up time, a Child Care staff member will come and remind you of your time).
  - Health screens will be used for everyone entering the Kids Club area.
  - Cleaning and Disinfecting protocols will be followed every hour.
  - Toys will be cleaned after use. Toys difficult to clean will be removed
  - The Telford Community Center YMCA will gradually lift facility and program restrictions based on CDC, Commonwealth of Kentucky and local government guidelines.
- The Telford Community Center will be providing After-School and Virtual Learning. We will be offering a safe and fun space for students, Pre-Kindergarten – 6<sup>th</sup> grade to continue their education during Virtual Learning/Distance Learning. Once Madison County Schools go back into in-person learning, we will be opening our After-School locations at the following sites: Boonesborough, Kirksville, Kit Carson and Silver Creek. The following areas will be used by these programs: Upstairs Gym, Upstairs Bathrooms, Kids Lounge, Kids Club, Group Exercise Room Two, and Outside Field area. These areas will not be accessible to members.

### **Safety and Cleaning**

- The Telford Community Center YMCA will follow the safety and cleaning guidelines established by the CDC, Commonwealth of Kentucky and local City officials.

- The YMCA will maintain adequate supplies to support healthy hygiene behaviors, including cleaning supplies, soap and hand sanitizer.
- They YMCA will ensure safe and correct application of disinfectants and keep products away from children.
- Telford Community Center YMCA will continue to wipe down and disinfect frequently used high touch surfaces, equipment and common areas throughout the day.
- Members must disinfect all equipment before and after use.
- Multi-equipment workouts will be discouraged to ensure each piece/machine is cleaned after use.
- Members and Staff must wash hands with soap and water often
- Additional sanitation stations will be added throughout each facility
- Members and YMCA staff will ensure at least 6 feet of separation.
- All persons will enter through the front main doors to maintain a total head count and will need to wash their hands for at least twenty-seconds and have their temperature checked. If anyone has a temperature 100.4 degrees or higher, they will not be permitted to enter the facility. These extra precautions are to ensure the safety of the children that are in our care. We appreciate your cooperation.
- The YMCA will restrict access to certain rooms and areas
- Appropriate signage, including floor clings, will be added to enforce proper social distancing

The Telford Community Center YMCA members will be asked to self-scan to allow for limited contact entry via their scan card or mobile app.

Members can verbally provide membership pin or contact information to membership service staff to avoid contact.

## **Telford Community Center YMCA Benchmarks to Open**

### **1. Staff**

- The Telford Community Center YMCA will ensure that staffing of facilities is sufficient to enable enhanced supervision, member and staff screening, sanitization and cleaning measures
- Telford Community Center staff will be trained in proper cleaning and safety protocols and shall conduct appropriate cleaning and safety protocols before first shift.

### **2. Facility**

- The Telford Community Center facility will be prepared for the required spacing, signage and safety requirements for the safety of our staff and members.

### **3. Cleaning Plan and Protocol**

- The Telford Community Center YMCA will develop a schedule and plan for staff on proper cleaning procedures and protocols.
- The Telford Community Center YMCA will maintain an adequate cleaning supply stockpile to safely clean the entire facility.
- The Telford Community Center YMCA will maintain an adequate PPE supply stockpile to ensure the safety of our staff team.

#### **Below are the KY Healthy At Work documents as of 8.17.20**

##### **Aquatics**

[https://govsite-assets.s3.amazonaws.com/XGTLdsLSmKaiUCqSAsfw\\_2020-7-1%20-%20Healthy%20at%20Work%20Reqs%20-%20Aquatic%20Centers-%20Version%202.0.pdf](https://govsite-assets.s3.amazonaws.com/XGTLdsLSmKaiUCqSAsfw_2020-7-1%20-%20Healthy%20at%20Work%20Reqs%20-%20Aquatic%20Centers-%20Version%202.0.pdf)

##### **Fitness**

[https://govsite-assets.s3.amazonaws.com/44URmIG2SI6hkGTpBmGM\\_2020-7-1%20-%20Healthy%20at%20Work%20Reqs%20-%20Fitness%20Centers-%20-%20Version%202.0.pdf](https://govsite-assets.s3.amazonaws.com/44URmIG2SI6hkGTpBmGM_2020-7-1%20-%20Healthy%20at%20Work%20Reqs%20-%20Fitness%20Centers-%20-%20Version%202.0.pdf)

##### **Youth Sports**

[https://govsite-assets.s3.amazonaws.com/e0M2GfVQFivXKFbvtJw\\_Healthy%20at%20Work%20Reqs%20-%20Youth%20Sports%20-%20Final%20Version%201.0%20DPH%20KHSAA.pdf](https://govsite-assets.s3.amazonaws.com/e0M2GfVQFivXKFbvtJw_Healthy%20at%20Work%20Reqs%20-%20Youth%20Sports%20-%20Final%20Version%201.0%20DPH%20KHSAA.pdf)

##### **Governor Beshear Mask Order**

<https://htv-prod-media.s3.amazonaws.com/files/20200709-executive-order-state-of-emergency-1594335244.pdf>